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2019 ATRN Health Summit

Working Toward Health Equity in Appalachia: Exploring Solutions



Featuring: The History and Culture of Appalachia Through Stories and Music

Dinner and program

An “edu-tainment’ presentation by Walt Michael, Founder and Executive Director of Common Ground on the Hill in Westminster, Maryland, and Bob Lucas, song-writer and playmaker from Mad River Theater in Bellefontaine, Ohio

Have you registered? Register [Here](#)

Need more info? Click [Here](#)

WHEN: Monday, October 14 and Tuesday, October 15, 2019

(see pgs.2-3 below for full schedule)

WHERE: Nationwide & Ohio Farm Bureau 4-H Center

Full Agenda for the 2019 ATRN Health Summit



Appalachian Translational Research Network

2019 ATRN Health Summit

Working Toward Health Equity in Appalachia: Exploring Solutions

Co-hosted by The Ohio State University Center for Clinical and Translational Science and The Ohio State University Office of Extension

Monday, October 14, 2019	
11:30-12:00	Registration / Pick-up Boxed Lunch
12:00-12:15	Welcome Rebecca Jackson, MD <i>Executive Director, the Ohio State University Center for Clinical and Translational Science</i> Pamela Salsberry, PhD, RN, FAAN <i>Professor and Associate Dean for Community Outreach and Engagement College of Public Health, The Ohio State University</i>
12:15-1:30	Opening Program / Lunch Bright Spots Community Analysis Mark Holmes, PhD <i>Director, Cecil G. Sheps Center for Health Services Research University of North Carolina</i>
1:45-2:45	Breakout Session One (3 tracks, see breakout session flyer for details) <ul style="list-style-type: none">• Mental Health / Substance Abuse / Opioids – Room A• Health Equity Across the Lifecourse: Social Determinants of Health – Room B• The How-to's of Collaborative Research Partnerships in Appalachian Communities – Room C
2:50-3:30	Breakout Session Two (3 tracks, see breakout session flyer for details) <ul style="list-style-type: none">• Mental Health / Substance Abuse / Opioids – Room A• Health Equity Across the Lifecourse: Older Adults – Room B• The How-to's of Collaborative Research Partnerships in Appalachian Communities – Room C
3:40-4:00	Communications How-To Jessica Lilly <i>Host and Co-Producer of Inside Appalachia, NPR Podcast</i>
4:10-5:20	Creating Healthier Communities by Forming Community/Academic Partnerships and Getting Funded <i>A panel of experts in rural funding opportunities guides an interactive networking session</i> <ul style="list-style-type: none">• Jana Reese, MS, <i>Rural Health Information Hub</i>• Megan Simpson, <i>The Greater Kanawha Valley Foundation</i>• Christine Mulvin, MTSC, <i>The HealthPath Foundation of Ohio</i>

Full Agenda for the 2019 ATRN Health Summit (cont.)



2019 ATRN Health Summit

Working Toward Health Equity in Appalachia: Exploring Solutions

Co-hosted by The Ohio State University Center for Clinical and Translational Science and The Ohio State University Office of Extension

5:30-6:15	Poster Viewing Session and ATRN Association Meeting
6:15-7:45	<p>Dinner and Program</p> <p>The History and Culture of Appalachia Through Stories and Music</p> <p><i>An “edu-tainment” presentation by Walt Michael, Founder and Executive Director of Common Ground on the Hill in Westminster, Maryland, and Bob Lucas, song-writer and playwright from Mad River Theater in Bellefontaine, Ohio</i></p>
Tuesday, October 15, 2019	
8:30-9:50	<p>Breakout Session Three (3 tracks, see breakout session flyer for details)</p> <ul style="list-style-type: none"> • Mental Health / Substance Abuse / Opioids – Room A • Health Equity Across the Lifecourse: Health Disparities– Room B • Environmental Health – Room C
10:00-11:20	<p>Breakout Session Four (3 tracks, see breakout session flyer for details)</p> <ul style="list-style-type: none"> • Mental Health / Substance Abuse / Opioids – Room A • Health Equity Across the Lifecourse: Child/Adolescents – Room B • Chronic Disease and Women’s Health – Room C
11:25-11:45	<p>ATRN Journal Discussion</p> <p>Erin Haynes, DrPH, MS Chair, Epidemiology, Interim Chair, Preventative Medicine and Environmental Health College of Public Health, University of Kentucky</p>
11:45-12:00	Announcement of Collaborative Seed Program for ATRN
12:00-12:30	Break / Pick-up Boxed Lunch
12:30-2:00	<p>Closing Program</p> <p>Community Engagement in Action: A 3-State Conversation about the Rural Opioid Project</p> <ul style="list-style-type: none"> • Judith Feinberg, MD and PI, West Virginia Project • William Miller, MD and PI, Ohio Project • April Young, PhD, MPH and PI, Kentucky Project

ADDRESSING THE HEALTH CARE NEEDS OF AMISH AND PLAIN COMMUNITIES



A National Conference of Best Practices in Communication, Access, Delivery, and Design



The third biennial conference on “Addressing the Health Care Needs of Amish and Plain Communities” was held August 1, 2019 in Millersburg (Holmes County), Ohio and included 117 registrants from seven states and Canada. Joseph F. Donnermyer, PhD, Professor Emeritus in the School Environment and Natural Resources at Ohio State University, gave the keynote lecture on his journey as a scholar of Amish studies. Additional plenary speakers included Steven Nolt, PhD, Senior Scholar at the Young Center for Amish and Pietist Studies; Marcus Yoder, MA, Director, Amish and Mennonite Heritage Center; and Wayne Wengerd, Ohio State Director of the Old Order Amish Steering Committee. In addition to a cultural panel with leaders from several Amish and Mennonite churches, evidence-based research presentations were held in concurrent sessions that covered agricultural safety, nutrition, hospice & palliative care, breast cancer, and mental health issues. The conference was carefully planned in collaboration with the community-led nonprofit organization Center for Appalachia Research in Cancer Education (“CARE”) to help participants learn more about the Amish and Plain cultures and health care issues facing these communities. Evaluation comments were extremely positive and included appreciation for the inclusion of Amish and Mennonite community members in the planning and presentations.

Next steps include the following:

- Plans are being considered to publish a special edition of conference proceedings in a new journal dedicated to issues facing Amish and Plain communities.
- A mini-Kennedy lecture titled “Life Through Their Lens: Engaging Amish and Mennonite Communities to Tell Their Story, Their Way” will feature a panel discussion on the development of the community-led “Life Through Their Lens” Photo Book Project, led by author Dr. Melissa Thomas, who created a platform for community members to develop their voice and tell their story through their own words and images. The lecture includes members of the Amish community, the photographer, and editor of the book and takes place 11/13/19 at 6:30 p.m. at Ohio University in Athens.
- Research dissemination efforts continue and will include the submission of at least three peer-reviewed manuscripts by Q2FY20.

SEED GRANTS AWARDED TO FOUR APPALACHIAN COMMUNITY PARTNERS



The UK Center for Clinical and Translational Science (CTS) has awarded four Seed Grants to four Appalachian community partners to implement and evaluate evidence-based or -informed health outreach projects. The Seed Grant program aims to enable sustainable programs and facilitate sustainable community partnerships. Administered by the CCTS Community Engagement and Research (CERC) Core, the grants provide \$2500 in funding as well as support for financial management, human subjects protection, data collection, protocol/conduct input, and evaluation.

The 2019 Seed Grant Awardees are:

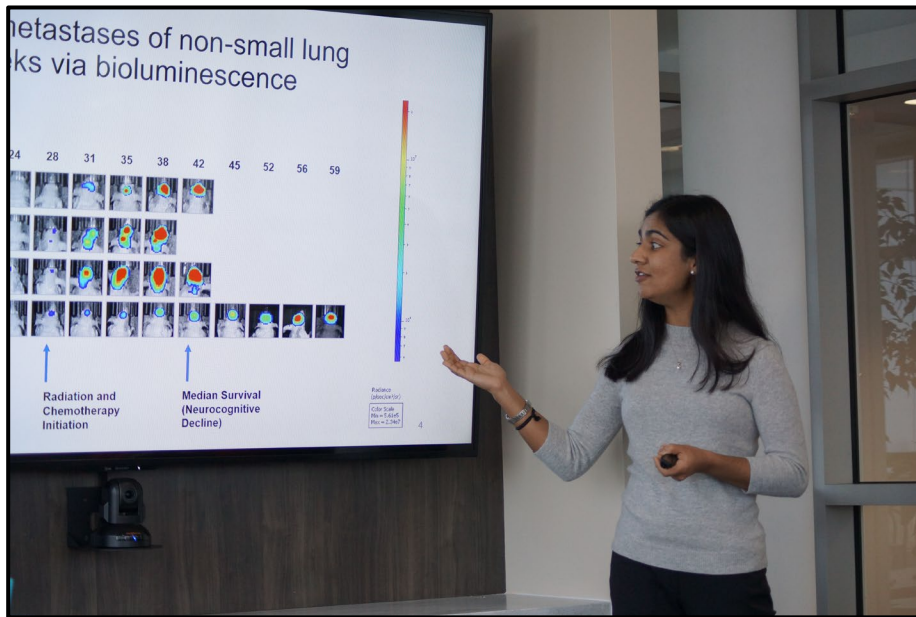
- **Nicholas County Community Action Council:** Their project will implement a trauma-informed, evidence-based program called "Celebrating Families!" to address substance abuse prevention strategies for children and families from at-risk backgrounds.
- **Big Sandy Diabetes Coalition** (a 3rd time Seed Grant awardee): Their project is focused on two goals: 1) increasing membership in the diabetes self-management program, and 2) inspired by fellow 2018 Seed Awardee, Mountain Comprehensive Health Care, increasing awareness and education for diabetic foot exams.
- **Hazard/Perry Wellness Coalition:** Their project will educate the community and local school system about Adverse Childhood Experiences (ACES), their impact on children and families, and ways to help children and families who have experienced trauma.
- **Johnson County Health Department:** Their proposed "Fall Into Fitness Walks" are community walks designed to increase physical activity and awareness about the various health resources offered via Johnson County Health Department and other health organizations in the area.

"I am excited to work with our new awardees and to continue working with Big Sandy Diabetes Coalition on increasing access and education to healthcare resources and making a positive impact on children and families in Appalachia," said Ashley Hall, MS, CERC project manager. "This group of recipients embodies the mission of the Seed Grant program because they are most in tune with the health needs of their specific communities. No one but these awardees and the people they work, play, love, and live next to can truly identify healthcare concerns or ideas for improving health outcomes in their own communities."

WVU MEDICAL STUDENT FIRST TO WIN NIH SCHOLAR PROGRAM

Sundus Lateef, a second year medical student in the West Virginia University School of Medicine (and Bridgeport native), was one of 50 students selected from across the nation to participate in the National Institutes of Health (NIH) Medical Research Scholars Program (MRSP).

The MRSP program was created in 2012 to build the next generation of impactful clinician-scientists by inspiring careers in biomedical research. As an MRSP scholar, Lateef will live on the NIH campus in Bethesda, Maryland for one year and participate in a variety of training and research activities under the guidance of an NIH advisor and a research mentor.



“I’m so excited to bring what WVU has taught me to the NIH, where I know I will experience top level research and interact with scientific leaders conducting innovative programs,” said Lateef. “This experience will continue to inspire me with ways and practical applications to become a better physician-scientist.”

To read more about this exciting award, visit here:

<http://wvctsi.org/news/story?headline=wvu-medical-student-first-in-state-selected-for-prestigious-nih-scholar-program>



PennState

CANCER NAVIGATION AND SURVIVORSHIP NETWORK IN PENNSYLVANIA



Penn State Cancer Institute, Milton S. Hershey Medical Center, Hershey, PA

Penn State established the Cancer Navigation and Survivorship Network (CaNSuN) in 2018 to enhance cancer patient navigation practice, outreach and research related in rural and medical underserved communities of Pennsylvania. CaNSuN's mission is to provide tools and resources to navigators, foster supportive communication amongst navigators, and conduct research through navigation.

CaNSuN had its origins in a 2014 systemic assessment of navigation throughout Appalachia. In 2016 and 2017, Penn State collaborated with the University of Kentucky to train navigators throughout Appalachian Pennsylvania, which demonstrated that cancer patient navigators in this region were eager for more resources, communication, and research. Hence, CaNSuN was born!

To learn more about cancer and the critical role that navigators play in cancer prevention and control in Appalachian Pennsylvania, visit The Story of Cancer in Central Pennsylvania at <http://redlands.pop.psu.edu/storymap/index.html>

To learn more about CaNSuN and to receive its monthly newsletter, visit <https://cansun.psu.edu/>. The monthly newsletter is packed with results from recent navigator-relevant research, navigation tools and resources, as well as informative podcasts and videos on navigation.

WOULD YOU LIKE TO SUBMIT CONTENT FOR THE ATRN NEWSLETTER?

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